# Sustainability and the Challenges Facing Future Leaders in Humanitarian Hearing Healthcare

A Perspective from a bilingual graduate student clinician

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### **Arizona Sonora Border Projects for Inclusion**

#### ARSOBO

- Began in 2008
- In partnership with the University of Arizona

#### Mission

"Assist in alleviating physical, psychological, and economic barriers faced by individuals with disabilities by providing high-tech, low-cost medical devices that minimize their disability and maximize their economic and social contribution to society."



## THE UNIVERSITY OF ARIZONA

# "It's not what you bring, it's what you leave behind."

- Best Practices
  - What do we normally think of when we hear this term?
  - What we do when we are there.
  - Let us think beyond a rigid definition of best practices
  - Our mission has less to do with what we bring, and more to do with what we leave behind.



# What I Bring





### **Our Adopted Model of Care**

- Culture of Health Action Framework
  - Making health a shared value
  - Fostering cross-sector collaboration
  - Creating healthier, more equitable communities
  - Strengthening integration of health services and systems
  - Outcome: improved population health, well-being, and EquityAction area





### **What They Bring**

- Dedicated team of cross-border volunteers
- Interpreters
- Access to resources
- Clinical facility



# Pablo

- Local full-time Audiology technician
- Networking in local community
  - Manitas Que Hablan
- Background
  - Family history of hearing loss
  - Mother learned sign language to communicate with her daughter
    - Founder of Manitas Que Hablan, now a school for the Deaf
  - Fluent in Mexican Sign Language



# What We Wish We Could Bring

- More time
- More experience
  - In unideal clinical environments
- Consistent source of supplies
  - Sani-wipes
  - Retention Accessories (CritterClips)
  - Domes
  - Thin tubes





- Binaural fittings not always feasible
  - We do not fit adults binaurally, unless attending school
  - Strategy for binaural amplification in children
- Limited flexibility in molds
  - Types that can be fit
- Do not perform Real-Ear measures
  - Fast-paced
  - Time limitation
- Transportation of equipment across the border
- Paper records

### **Challenges**

# How is this Sustainable?

- Let us consider what is important for an entity to do this work.
  - Any suggestions?





# What We Leave Behind

- Foundation for success
  - For student clinicians
  - Community volunteers
  - Patients
- Trust
- Relationships
  - Facilitated by our monthly visits
- Knowledge
  - Family resources
  - Volunteering alongside our cross-border colleagues
    - Learning goes both ways
  - Training
  - Leads to empowerment

### What We Leave With

- More experience
  - Clinical readiness
  - Confidence to implement new techniques and the opportunity to practice them the following month
- A sense of community
- Perspective
  - Conditions are not the same on either side of the border, but we share the same concerns and values.
- An earnest contribution to health equity



# **Thank You!**

### References

- ARSOBO Arizona Sonora Border Projects For Inclusion. (n.d.). Retrieved from <a href="http://arsobo.org/">http://arsobo.org/</a>.
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